

# FRIENDS MEETING AT CAMBRIDGE

Announcements — January 31, 2010

It is hard to know when to respond to the seductiveness of the world and when to respond to its challenges.

I arise in the morning torn between the twin desires to change the world and to enjoy the world.

That makes it hard to plan the day.

E.B. White

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## Sunday, January 31

- 9:30 a Forum: *Quakers in Kenya: Friend Elphas Wambani & the Kakamega Project* - Sukie Rice  
10:30 a Meeting for Worship  
11:45 a Special Sources Grant Recipients' Reception  
12:15 p Exhibits Reception for Sara Sue Pennell  
12:45 p *Quakers & the Wisdom Tradition*  
5:00 p Meeting for Worship

## Monday February 1

- 6:00 p Cambridge Quaker Earthcare Witness Cmte  
7:00 p Fellowship & Outreach Cmte

## Tuesday February 2

- 7:00 p Ministry & Counsel  
7:00 p Friends in Career Transition

## Wednesday February 3

- 8:30 a Meeting for Worship  
6:00 p Prison Sharing Circle

7:30 p Peace & Social Concerns Cmte

## Thursday February 4

- 7:00 p Cmte for Care & Support  
7:00 p Personnel Cmte  
7:00 p Marriage & Family Life Cmte

## Sunday, February 7

- 9:00 a Youth Programs Cmte  
9:30 a No Forum: Extended Meeting for Worship Begins  
10:30 a Meeting for Worship continues☸  
10:30 a Family Meeting for Worship  
10:30 a Jr./Sr. High Meeting for Worship  
11:45 a Chuck Woodbury 90<sup>th</sup> Birthday Celebration  
12:00 n Prayer Circle  
12:30 p Skip Schiel's *Gaza Steadfast* Slide Show  
3:00 p Yoga Between Friends  
5:00 p Meeting for Worship

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## Worship under care of Friends Meeting at Cambridge in other locations

Sundays at 10:00 South Shore Preparative Meeting, 86 Turkey Hill Lane, Hingham.

Sundays at 10:30 Brookhaven Worship Group, 1010 Waltham Street, Lexington

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## Reception for Special Sources Grants Recipients

11:45a Sun, Jan 31

Friends who received grants for projects during 2009 will share brief reports and reflections, and grants approved at the December meeting for business will be described.

## Exhibits Reception for Sara Sue Pennell

12:15p Sun, Jan 31

Come to the reception for the exhibit in January and February, which will be a selection of Sara Sue Pennell's pastel paintings. A painter most of her life, Sara Sue started using pastels in 1987 after stopping full-time work at AFSC. She has done many portraits, including a self portrait every year - the Annual Report. Several of these are included in this show.

## Quakers and the Wisdom Tradition

12:45p Sun, Jan 31

This will be an exploration of *Coming to Our Senses* by Jon Kabat-Zinn and *My Stroke of Insight* by Jill Bolte Taylor. Bring a bag lunch to enjoy before the afternoon starts.

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## Fire in the Meeting House ☸

Sun, Feb 7 & 21

Reminder: Following our practice of having a fire in the Meeting House fireplace each first and third Sunday at this time of year, there will be a fire on February 7<sup>th</sup> and again on February 21<sup>st</sup>.

## Two Requests from Trustees

Anyone with the time, inclination and ability to search Craigslist for shutters for the Friends Center, please contact John Bach at 970-209-8346 or johnmbach@yahoo.com

We are also seeking a volunteer with Information Technology experience to help with our computers at FMC to: help setup and maintain our computer network, perform periodic maintenance on our computers and be available to respond when problems occur. If interested, please contact David White at 781-646-3760.

## Extended Meeting for Worship

An opportunity for an extended Meeting for Worship will be offered on Sunday, February 7, from 9:30 to 11:30 am in order to deepen our worship experience. There will be no forum on this day. The doors to the Meeting room will remain open until

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**PARKING:** On Sundays, please reserve the Meeting House lot and driveway for people with limited mobility. Thank you.

10:40 as usual so that participants may freely come and go during worship. As we enter with our squeaky boots, those who are already centered are encouraged to welcome each of us into the gathered meeting. Remember that Meeting is always open to the last person who arrives. Children are welcome for any part of the Meeting for Worship. Child care will be available from 9:15 on and Family Worship will begin at 10:30 as usual.

### **Celebrate Chuck Woodbury's 90th Birthday**

**11:45 a Sun, Feb 7**

Our beloved member Chuck Woodbury turns 90 on February 6! We will celebrate this happy event at the rise of meeting on Sunday, February 7 in the Friends Room. If you would like to send Chuck your greetings or share a memory, please bring a card or written reminiscence to include in a book for Chuck. You may also send/email such greetings to Jane Jackson, [janejackson8@hotmail.com](mailto:janejackson8@hotmail.com) or 35 Winchester Drive, Lexington MA 02420. There will be birthday cake!

### **Bereavement Group**

The bereavement group is a place where participants can bring grief and other feelings associated with loss regardless of whether it is recent or long-standing. We can't meet the 4th Sunday this month, but we are still available to meet as need arises. Please contact George Campbell 617-527-8169 or Mary Hopkins 617-389-2566 to make arrangements.

### **Peace and Social Concerns Committee Sponsors Slide Show**

**12:30p Sun, Feb 7**

Come to Skip Schiel's latest slide show, *Gaza Steadfast*, based on his recent work with the AFSC youth program, Gaza, last summer in Gaza. After his photographic presentation there will be conversation with refreshments. Contact Skip at 617-441-7756 or [skipschiel@gmail.com](mailto:skipschiel@gmail.com)

### **"Yoga between Friends" Workshops**

**3-4:30p Sun, Feb 7, Mar 7**

Marriage and Family Life Committee is sponsoring 2 more Kundalini Yoga workshops, taught by Patti Muldoon. (Yes, you can invite your "small 'f' friends, too!). A free-will donation of \$20 is requested for each workshop, with all proceeds being donated to the Meeting. Please email Patti at [pmmquaker@houserock.org](mailto:pmmquaker@houserock.org) to let her know if you plan to attend or if you have questions. Bring a yoga mat and blanket if you can.

### **Looking Ahead:**

#### **Ministry & Counsel Retreat in Cambridge at FMC**

**7-9p Fri, Feb 12 & 9a-4p Sat, Feb 13**

Who are we? Speaking Our Truth.

Do we need a shared identity? If so, what is it?

M&C is sponsoring a retreat to continue our work around community. Come for part if you cannot come for all. Bring a brown-bag lunch on Saturday.

If you want childcare, please call or email Mary Coelho a week ahead. Contact: Sandy Sweetnam at [sandysweetnam@comcast.net](mailto:sandysweetnam@comcast.net) or 617-864-3751.

### **Deadline for Winter Special Sources Grant**

#### **Applications**

**Wed, Feb 24**

Though this year's was the final gift from the anonymous donor that has funded the special sources grants for several years, the end of this source of support for the leadings of individual Friends is not *quite* nigh! A small amount of money remains, so the Special Sources Grants Committee is inviting applications for a mid-winter round, due February 24<sup>th</sup>. The committee particularly encourages the meeting's high school and college-aged youth to submit proposals for spring break or summer opportunities to pursue spiritual growth or further environmental, peace, or social justice, or other Quaker concerns. Applications are available in the office, and questions may be directed to co-clerks Cornelia Tierney ([corneliatierney@comcast.net](mailto:corneliatierney@comcast.net)) or Lisa Lineweaver ([llineweaver@gmail.com](mailto:llineweaver@gmail.com)).

### **Youth Programs Trip to Peace Abbey**

**9 a Sun, Feb 28**

The Youth Group will travel to the Peace Abbey in Sherborn for morning of interfaith worship, afternoon tour of abbey, and closing ritual circle. Details to follow by email, "blue" mail, and at announcements at rise of worship. For information, contact Charlene Vincent at 857-928-8922 or [vincentcharlene@yahoo.com](mailto:vincentcharlene@yahoo.com)

### **All-Meeting Retreat in Alfred Maine**

**March 19-21**

This event will be sponsored by Fellowship & Outreach Committee and Membership Cmte, with the theme: *What Makes Us Come Alive?* Contact Tom O'Connor at [tomomaine@gmail.com](mailto:tomomaine@gmail.com) or 617-965-3551 or David Rush at [david.rush@tufts.edu](mailto:david.rush@tufts.edu) or 617-547-8467.

### **Contacts**

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Rebecca Grunko, First Day School Coord.	617-666-8814
	<a href="mailto:rgrunko@yahoo.com">rgrunko@yahoo.com</a>
John Field, Facilities Manager	617-354-3383
	<a href="mailto:fmcFacility@iecc.com">fmcFacility@iecc.com</a>
Linda Jenkins, Meeting Secretary	617-876-6883
	<a href="mailto:fmcQuaker@iecc.com">fmcQuaker@iecc.com</a>
Charlene Vincent, Youth Programs Coord.	857-928-8922
	<a href="mailto:vincentcharlene@yahoo.com">vincentcharlene@yahoo.com</a>
Cambridge Friends School	617-354-3880
	5 Cadbury Road, Cambridge
AFSC Material Assistance Program	617-876-5312
Cassie Hurd	Tues & Thurs 9-12, 1:30 - 3
American Friends Service Committee	617-661-6130
New England Office	2161 Mass Ave, Cambridge

Announcement Sheet Deadline: midnight every Wednesday

March Bulletin Deadline: midnight Monday February 15

The monthly Bulletin and weekly Announcements are posted in pdf format on our website, [www.fmcQuaker.org](http://www.fmcQuaker.org)

To receive weekly announcements by email, send a blank email to [fmcquaker-subscribe@yahoogroups.com](mailto:fmcquaker-subscribe@yahoogroups.com)