

FRIENDS MEETING AT CAMBRIDGE

February 5, 2012 Announcement Sheet

Sun	5	8:30 am	Youth Programs Cmte	Tue	7	6:30 pm	Ministry & Counsel
		9:30 am	Forum by Matthew	Wed	8	8:30 am	Midweek Worship
			Ruggiero Dante's "Beatific Vision"			6:00 pm	Sharing Circle
		10:30 am	Morning Worship			7:00 pm	Artists & Writers
		10:30 am	Family Worship	Sun	12	9:00 am	First Day School Cmte
		11:45 am	Afterthoughts			9:30 am	NO FORUM
		12:00 pm	Care & Support			9:30 am	Extended Meeting for Worship
		12:15 pm	Home Energy Savings Workshop			11:45 am	Afterthoughts
		5:00 pm	Evening Worship			12:00 pm	Monthly Meeting Potluck
Mon	6	6:00 pm	CQ Earthcare Witness Cmte			1:15 pm	Meeting for Business in Worship
		6:30 pm	Fellowship & Outreach			5:00 pm	Evening Worship
		7:00 pm	CQ Earthcare Witness Cmte				

Another experience came...when I was spending a year abroad after graduation from college....I was walking alone in a forest, trying to map out my plan of life. ...Suddenly I felt the walls between the visible and the invisible grow thin and the eternal seemed to break through into the world where I was. I saw no flood of light, I heard no voice, but I felt as though I were face to face with a higher order of reality than that of the trees or mountains.

Rufus M. Jones "Why I enroll with the mystics" in *Faith and Practice of New England Yearly Meeting of Friends*, p 24.

Salem Quarter Quaker Studies Programs: Goodness

9:30 am - 3:30 pm, Sat., Feb. 4

This one-day workshop is led by John Calvi at Wellesley Friends Meeting. This workshop will include simple energy work for healing, a life chart to explore lessons thus far, and deep relaxation for cleansing. That's how we will deepen our understanding of the self for deeper spiritual life by using wonder and deep relaxation. Gathering the sense of our own goodness is key to deeper spiritual life. The growing of gifts, sensing a call, making compassion pragmatic – all shine more brightly with a clearer sense of our goodness and how we are aspects of the Divine, the fingers and breath of the Light. Cost is \$30. Register early, online. Tuition aid is available.

Quaker Studies offers programs in the Boston area and online courses about subjects of interest to Quakers, open to all. Registration is required, and aid funds are available to anyone who needs help paying the fees. To register, go to <http://www.bhfh.org/qsp/qspGoodness.html> For more information about Quaker Studies courses this winter, visit www.bhfh.org/qsp.

Prayer Circle

12:00 pm, Sun., Feb. 5

Requests for prayers and praise can be left in the box located in the lobby of the Friends Center or the Meeting House. For more information call Cornelia Parkes (617-825-9121).

Home Energy Efficiency

12:30 pm, Sun., Feb. 5

Audrey Schulman of Home Energy Efficiency Team (HEET) is offering a 1-1/2 hour talk on home energy efficiency methods. Topics will include faucet aerators, programmable thermostats, CFLs, etc. Audrey will share her expertise in setting priorities (time, cost) for increasing our homes' energy efficiency. There will be time for questions. Please bring a brown bag lunch. Sponsored by Cambridge Quaker Earthcare Witness. For more information contact Gwen Noyes at 617-491-8984 or gnoyes@oakdev.com.

Note: Deadline for the next Announcement Sheet is on Tuesday 11:59 pm.

Parking: On Sundays, please reserve the Meeting House lot and driveway for people with limited mobility. Thank you.

Monthly Meeting for Business in Worship:

1:15 pm Sunday, February 12

The tentative agenda includes annual reports from the Pope Fund, Membership, Exhibits, and Cambridge Quaker Earthcare Witness. All are welcome, newcomers and old-timers! We want to make childcare available so families can attend the business meeting. If you think you will need childcare, please let Nancy Ruggiero know a week in advance (ncirillo@wellesley.edu or 617-487-5300). We will try to meet requests, but it may not always be possible.

Staff Evaluations

due Feb 15

Personnel Committee solicits your feedback for staff evaluations. Please send your staff evaluation comments by February 15th to Kristin Gilbert becomingkristin@gmail.com. All comments must be signed in order for us to consider them, but we will keep your name confidential if you so request. **Copies of your comments will be attached to the evaluation that is given to the staff person. Our practice will be to include the authors' names with the comments when they go to staff, unless you have requested otherwise.** Complete details are in the February Bulletin.

Compassionate Communication

7:00 Fri. 1:00 pm Sun, Mar.16-18

Application Deadline Mon. Mar. 12

The Fellowship & Outreach Committee is sponsoring an all-meeting retreat starting at 7:00 pm on Friday, March 16th running through lunch on Sunday, March 18th, ending around 1pm, in Alfred, Maine. Our theme this year is Compassionate Communication based on the Non-Violent Communication (NVC) model developed by Marshal Rosenberg. Throughout the retreat, we will use one-on-one, small groups, and large group formats to explore topics about the theme of compassionate communication.

The retreat offers a great opportunity for reflection, relaxation, and fellowship. EVERYONE is encouraged to attend including families, newcomers, attenders, and members. FMC provides on-site childcare. Note: some scholarships available. Completed registration forms and payments are due to the FMC office no later than Monday, March 12th. Registration forms & summary sheet are in the

February bulletin and available in the foyer. For more information contact co-clerks of F&O Committee: Kate Beers (617-515-8465; kebeers@comcast.net), or Lance Drane (617-491-6718; ldrane@comcast.net). (See www.notredamespiritualcenter.org for a description of the site.)

Recording Special Gifts

Center Furnishings is compiling a photographic record of special gifts the Meeting has received, such as the rug in the parlor, selected paintings, and furniture. Additional suggestions of what to document may be sent to Betsy Fox or John Bach.

Updates to the Current Meeting Directory

Pick up in the office a sheet of changes to contact information in the September 2011 Meeting Directory. There is also a zip-code index, listing families in zip-code order, to facilitate finding people who live near you.

Care and Support

Please refer concerns about those in our community who might need support around illness or a crisis to the Committee for Care and Support. Feel free to contact anyone on the Committee; members' contact information is in the directory. Or contact Barbara Scott Nelson at 617-576-6945 for information about how to convey your concern.

Care of Meeting and Announcements

Friends who wish to make an announcement at rise of Meeting are expected to contact the Friend with care of Worship (February 5th: Anne Thompson; February 12th: Sandy Sweetnam). Please keep announcements to three sentences.

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William Satterthwaite, Assistant Clerk
Lisa Lineweaver, Recording Clerk
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To receive weekly email announcements,
send a message to office2@fmcquaker.org
